



Please share this Newsletter with your child. All newsletters can be found on our website: <http://www.st-marys-bod.cornwall.sch.uk>

During our Celebration Assembly we had a visit from 'Air Crew Andy' the Cornwall Air Ambulance mascot



St. Mary's Catholic Primary School

Year 3 have been completing activities every day before registration for Children's Mental Health Week



As part of their art lessons Year 1 have been learning about sculptures and how a sculpture is an object made from materials.



They chose their own materials, had their own ideas and used different ways of fixing things together.



The children are very proud of their creations

Reminder

Go-Active Cornwall will be running a holiday club on Wednesday 15 February at St Mary's, see link below to book in!



ASH Wednesday - 22 February 2023

Please note the menu will be swapped around as detailed below (the menus will not be changed on Parentpay please book a main, vegetarian or jacket potato option to indicate you require a meal that day).

Wednesday 22 February  
Cheese and Tomato Pizza

Quorn Sausage

Jacket Potato

(side: potato wedges, sweetcorn and peas)

Thursday 23 February

Roast Gammon

Quorn Roast

Jacket Potato

(side: roast potato, broccoli and swede)



Y6 Parent SATS Meeting

Tuesday 21st February  
3.30p.m.

To discuss SATS, the expectations for the tests and the process of testing. The meeting will take approximately 20 minutes. This is a really good session, where I can explain areas to focus on.

Headteachers special mention to: Year 5 for superb attendance this half term



# Parent Support Advisor

Children's Mental Health  
Week

6-12 February 2023.

This year's theme is

Let's Connect.

Let's Connect is about

making meaningful connections..

When we have healthy connections – to family, friends and others – this can support our mental health and our sense of wellbeing. And when our need for rewarding social connections is not met, we can sometimes feel isolated and lonely – which can have a negative impact on our mental health.

As parents and carers, you play an important role in your child's mental health.

Check out our official free resources for families below.

<https://www.childrensmentalhealthweek.org.uk/families/>



**FEBRUARY 2023**

**NORTH CORNWALL ROCKS** - the ultimate guide for families

Welcome to the first newsletter of 2023 - we can't quite believe the first half term of the year is already complete! Our website is full to the brim with days out, events and activities to do at home - have a look for some inspiration for the whole family!

**EVENTS**

There are numerous events and activities being held throughout the week - try out Morse code at Bodmin Keep, follow the Little Gardener's Family Trail round Cotehele or watch a live show at The Big Sheep. [Visit the website to see which events are happening near you!](#)

**FRESH AIR**

If you're looking for some new areas to explore outside during the break we've got you covered with Parks, Walks & Play Areas on North Cornwall Rocks! Have you completed the Zog activity trail at Cardinham Woods yet? [Find the areas listed here and start exploring!](#)


**HUNDREDS OF IDEAS**

For inspiration of things to do, visit the North Cornwall Rocks website to discover places to visit, playgrounds, day trip ideas, children's classes, kids parties, local events, and outdoor spaces - it's a one stop shop for things to do in the local area! [Visit the website and see for yourself!](#)

Follow us on social media for the most up to date news!

[www.northcornwallrocks.co.uk](http://www.northcornwallrocks.co.uk)

Term Dates	13-17 February 2023
Spring Half Term	13-17 February 2023
Inset Day	20 February 2023
End of Term	31 March 2023
Start of Summer Term	17 April 2023
Bank Holiday	1 May 2023
Summer Half Term	29 May – 2 June 2023
Inset Day	5 June 2023
Inset Day	24 July 2023
Inset Day/End of Term	25 July 2023



**"UNDERWATER ADVENTURE"  
BIBLE HOLIDAY CLUB**

**@ IMMANUEL CHURCH BODMIN  
[ICB],  
Berrycoombe Road, Bodmin. PL31  
2NS**

**Thurs. 16th February 2023 & Fri. 17th  
February 2023  
10.00am – 12.30pm**

**with Special Family Event - Saturday  
18th February 4.00pm – 6.00pm**

Your child is invited to join us for an Underwater Adventure as we dive into the Story of Jonah in God's Word the Bible. For two mornings, we will learn more about what God is like and have loads of fun in the process with our Bible story, drama, songs, games, and crafts. The club is for Children in KS1 & KS2 [ years 1 – 6 ]

If you have any questions or would like to register your child, please email: [pastor@immanuelchurchbodmin.org](mailto:pastor@immanuelchurchbodmin.org) for an application form.


**HALF TERM  
CRICKET  
CAMPS**

**CRICKET CENTRE | TRURO**

**SOFTBALL**  
13TH-14TH FEB | 10-3PM  
£15 PER DAY | YEARS 1-5  
To book your place - <https://booking.ecb.co.uk/d/71q20d>

**HARDBALL**  
15TH-16TH FEB | 10-3PM  
£20 PER DAY | YEARS 4-8  
To book your place - <https://booking.ecb.co.uk/d/1q204>

**BRING PACKED LUNCH & SNACKS**



We thought you might be interested in this show all about Vikings!

It's coming on Saturday 28th February, 4pm to The Shire House Suite, Bodmin. It's called 'Vinland' and has live music, animation and storytelling - all inspired by Vikings.

**We'd like to offer a 20% discount to anyone at your school - all you need to do is:**

- Go to [www.intobodmin.co.uk/events](http://www.intobodmin.co.uk/events)
- Click on Vinland
- Enter the number of tickets you want
- At the checkout use the code **VIKING20** to get your discount

All of our tickets are 'Pay what you feel' and start at £6  
That means a family of x4, with discount can come to the show for less than £20

**VINLAND  
SATURDAY 25TH FEBRUARY, 4PM  
THE SHIRE HOUSE SUITE. BODMIN**

**'HAVE A GO DAYS'**

FREE TO ATTEND. A FUN AND FRIENDLY ACTIVITY FOR CHILDREN WITH ADDITIONAL NEEDS OR DISABILITY AND THEIR SIBLINGS OR FRIENDS, AGES 6-17



Wednesday 15 February at:

10am-12pm at Bodmin Leisure Centre

2-4pm at Cornwall College



Booking is essential. For more information and to book your free place(s) contact Sharon on:  
01736 759500 or email [sharonw@disabilitycornwall.org.uk](mailto:sharonw@disabilitycornwall.org.uk)

Find us on Facebook by searching 'Have a Go Days Cornwall'.