



St Mary's Catholic Primary School
Educate, Protect, Love, Serve
#making a difference together



Our Vision Statement

With the love of Jesus and the inspiration of Mary at our heart, we will be the best we can be.
At St. Mary's we provide every member of our school family with the opportunity to achieve academically and thrive spiritually and socially.

Physical Education Curriculum Overview 2022-23

'be sporting'

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer2
Nursery F1						
Reception F2	EYFS Fundamentals 1 EYFS Gymnastics 1	EYFS Fundamentals 2 EYFS Gymnastics 2	EYFS Games 1 Dance – Under the sea	EYFS Games 2 Dance - Toys	Fundamental Athletics 1 Dance – Three Little Pigs	Fundamental Athletics 2 Striking and Fielding
Year 1	Key Stage 1 Games 1 KS1 Net and wall	KS1 Fundamentals	Dance - Dinosaurs Gymnastics – Basic skills	Gymnastics – Travelling with jumping and landing Key Stage 1 Games 2	KS1 Athletics 1 Dance – Animals	KS1 Striking and Fielding KS1 Athletics 2
Year 2	Key Stage 1 Games 3 Gymnastics – stretching and curling	Key Stage 1 Games 2 Dance - Celebrations	Football Gymnastics – direction and pathways	Key Stage 1 Games 4 Dance – Antarctica	KS1 Athletics 1 Cricket	Key Stage 1 Games 4 KS1 Athletics 2
Year 3	Football Alternative Sports	Dance – Machines - Y4 spring 1 next year Tag Rugby	Netball Gymnastics - flight	Hockey Dance - Weather	Athletics 3 Striking and fielding	Cricket Athletics 4
Year 4	Athletics 3 Basketball	Football Gymnastics – Asymmetry /Symmetry	Dance – Shake, rock and roll - Y3 autumn next year Netball	Dance – Rainforests Fitness circuits	Tennis Athletics 3	Alternative Sports Athletics 4
Year 5	Gymnastics – Partner Sequences Hockey	Swimming Tag Rugby	Dance - India Fitness circuits	Football Tri Golf	Netball Athletics 6	Striking and fielding Cricket
Year 6	Basketball Swimming	Football Dance – Communication or India	Badminton Gymnastics – Counterbalance	Tri Golf Handball	Athletics 5 Tennis	Athletics 6 Lacrosse