

WEEK 1

W/C: 15/04, 06/05, 17/06, 08/07, 09/09, 30/09, 21/10

SPRING/SUMMER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza  Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Roast Pork Served with Roast Potatoes and Gravy	Turkey Lasagne  Served with Garlic and Herb Bread	Breaded Fish Fillet and Chips
JACKET POTATO	Tomato Pasta   	Sweet and Sour Vegetables Served with Rice	Cheesy Ploughman's Picnic Plate 	Vegetable Spanish Rice  	Quorn Dippers  Served with Chips
	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings, including Salmon Mayonnaise 	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta  					
All main meals are served with two vegetables					
DESSERT	Raspberry Jelly	Crispy Crackle Bar with Fruit 	Banana Cake 	Original Flapjack	Vanilla Ice Cream

AVAILABLE EVERY DAY
Water, salad, freshly baked bread,
yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain
 Fruity!  Nutritionist's Choice

WEEK 2

W/C: 22/04, 13/05, 03/06, 24/06, 15/07, 16/09, 07/10, 28/10

SPRING/SUMMER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza Served with Potato Wedges	Beef Bolognese Served with Wholewheat Pasta	Roast Chicken Served with Roast Potatoes and Gravy	Butter Chicken Curry Served with Wholegrain Rice	Fish Fingers Served with Chips
	Chilli No Carne with Crispy Tortilla Served with Wholegrain Rice	Veggie Burrito Served with Wholegrain Rice	Quorn Roast Served with Roast Potatoes and Gravy	Macaroni Cheese Served with Wholegrain Rice	Veggie Fingers Served with Chips
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings, including Salmon Mayonnaise	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Chocolate Cookie	Banana and Carrot Cake	Orange Jelly	Chocolate Shortbread with Fruit	Orange Drizzle

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian **Oily Fish** **Wholegrain**
 Fruity! **Nutritionist's Choice**

WEEK 3

W/C: 29/04, 20/05, 10/06, 01/07, 22/07, 02/09, 23/09, 14/10

SPRING/SUMMER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza Served with Potato Wedges	Beef Lasagne Served with Garlic and Herb Bread	Roast Chicken Served with Roast Potatoes and Gravy	Chicken and Broccoli Pasta Bake	Breaded Fish Fillet and Chips
JACKET POTATO	Tomato and Herb Lentil Pasta 	Vegetarian Sausage Served with Mashed Potato and Gravy	Cheese and Onion Pasty Served with Roast Potatoes and Gravy	Meatless Balls in Tomato Sauce Served with Rainbow Rice	Quorn Dippers Served with Chips
	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings, including Salmon Mayonnaise	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Chocolate Brownie	Strawberry Jelly	Banana Cake	Lemon Sicilian Cookie	Chocolate Ice Cream

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Fruity! Oily Fish Nutritionist's Choice Wholegrain